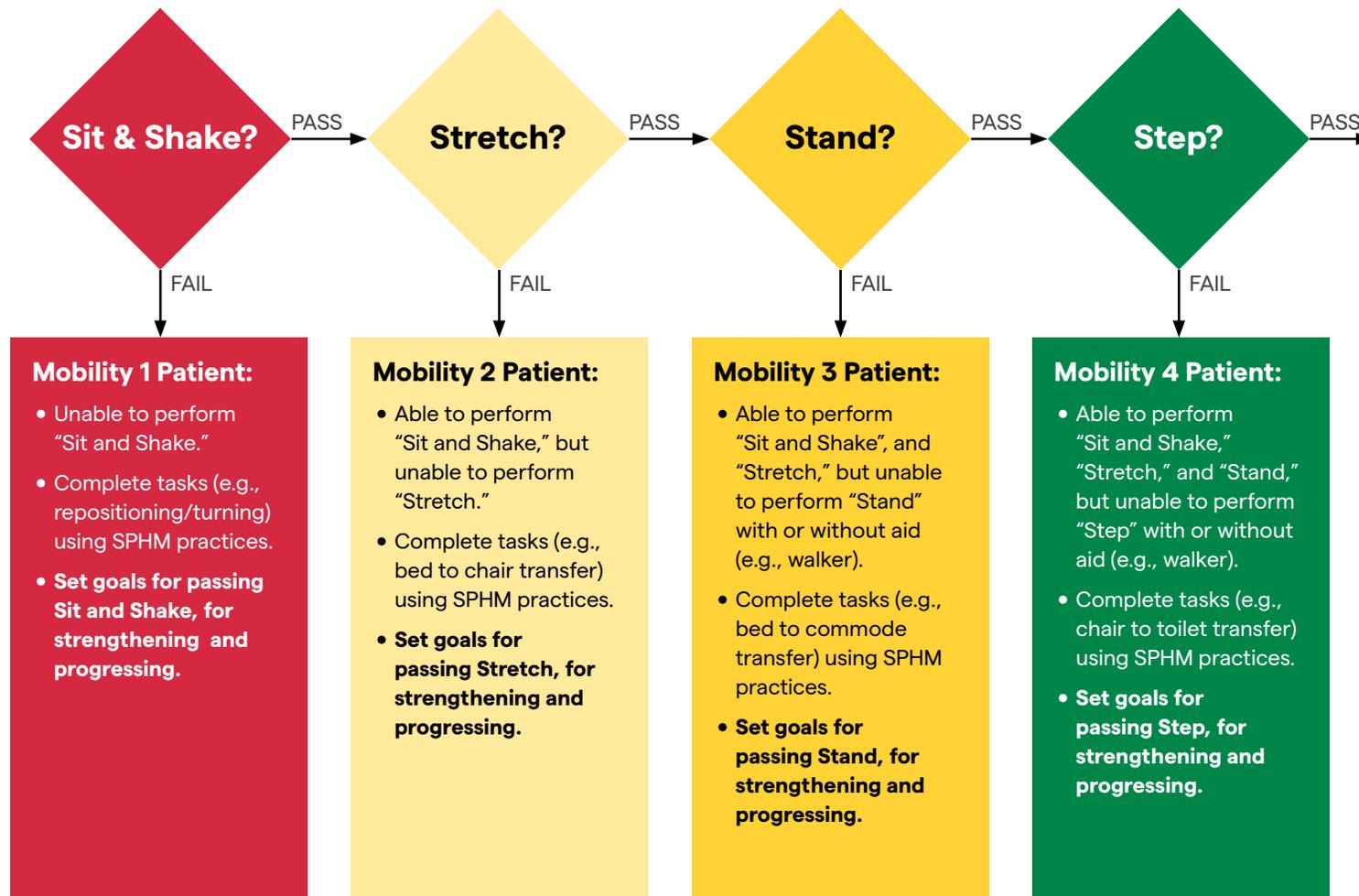


BMAT 2.0 helps the caregiver assess for mobility in safe mode, coordinate strategies for strengthening, and target the right piece of SPHM equipment to advance mobility.

CONSIDER: What is the patient’s pre-admit mobility and functional status, and what is used to determine this?



Progress through Discharge Planning:

- Continue to complete BMAT per protocol; with any change in status, adjust Mobility Level and goals.
- Continue to address medical issues and stability as needed while improving or maintaining mobility status; i.e., evaluate other medical conditions and treatment plans prior to physician release.

GOALS:

- Prior to discharge, return to previous level of function. Mobility goals may include improving balance, standing tolerance, endurance and confidence with walking; independence and confidence with aid(s); e.g., walker, cane, crutches, prosthetic(s).
- Compare pre-admit status to discharge status; i.e., previous functional status to post-acute functional status.
- Using a multi-disciplinary approach, review rehab goals – have they been met?
- Review discharge goals and guide discharge recommendations; appropriate post-acute discharge destination and equipment needs.
- Review risk of falling and risk of readmit; include in discharge planning.

For All Four Assessment Levels: Consider how to test or complete the assessment in “Safe Mode.”
 For Mobility Levels 1-4: Consider how to complete tasks (e.g., repositioning/turning or bed to chair/bed to toilet transfer) using SPHM techniques/practices, as well as, how to strengthen and progress the patient using SPHM techniques/practices, and avoid complications of immobility.